

Panelist:
Robin Winston
President
Winston/Terrell Group

This panel discussion will educate the community about voter suppression efforts that range from voter ID laws, cuts to early voting, mass purging of voter rolls, and systemic disenfranchisement. We will also examine past challenges and begin the conversation on how we want to vote in the future.

Friday, September 25, 2020
75 cents

@indvrecorder

**DUE TO THE CURRENT SITUATION REGARDING COVID-19 (CORONAVIRUS),
INDIANAPOLIS RECORDER NEWSPAPER IS NOT ACCEPTING ANY UNSCHEDULED VISITS.
PLEASE REFRAIN FROM ENTERING THE BUILDING IF YOU DO NOT HAVE AN APPOINTMENT.
THANK YOU FOR UNDERSTANDING.**

HOMELESSNESS

► Continued from A1

around 2015 but got in trouble there and had to come back.

Jackson was about to get sent to a shelter in Columbus after failing a drug test and getting kicked out of Atterbury Job Corps Center in Edinburgh when she attempted suicide in January. She woke up in a hospital in Indianapolis and has been here since. “Sometimes I don’t know who I am,” she said. “Sometimes I don’t know what’s real. It’s like my reality is so messed up. It’s really sad.”

Jackson could have stayed in foster care until she’s 21 — the state extended the age from 18 in 2018 — but she signed herself out of Child Protective Services when she was 18. Being shipped from home to home left her exhausted. Jackson enrolled in a housing voucher program from Indianapolis Housing Agency for young adults who aged out of the foster care system.

Of course, it’s not just 18-year-olds aging out of the foster care system who are at risk of homelessness.

For every 50 people experiencing homelessness in Indianapolis, seven are 24 or younger, according to the annual Point-in-Time (PIT) Count conducted by the IU Public Policy Institute and Coalition for Homelessness Intervention and Prevention (CHIP).

That count was taken in January, though, before the COVID-19 pandemic and consequent economic fallout, and it’s difficult to tell what exactly has happened to youth and young adults since then.

At Stopover Inc., which provides emergency shelter and other services to homeless teenagers and young adults, there weren’t any teens in the emergency shelter for 12- to 17-year-olds as of Sept. 21, according to Executive Director Amber Ames.

That doesn’t mean teens are all safely housed right now. Most likely, Ames said, it’s because they don’t want to get on CPS’ radar. (Stopover Inc. has to get permission from CPS for a minor to stay in its shelter if the group can’t get ahold of the parents.)

Chelsea Haring-Cozzi, executive director of CHIP, said in a previous interview with the Recorder

first-time homelessness could be an issue. That wouldn’t necessarily lead to a visible increase in homelessness, though, as those people might be able to get short-term help from family and friends who let them stay at their house while waiting for assistance from the government or an organization.

The Centers for Disease Control and Prevention (CDC) recently issued a ban on evictions through the end of the year for renters and homeowners with an annual income less than \$99,000 who can certify they have no other housing options.

The state had a moratorium on evictions until mid-August, and homeowners can apply for aid through the Indiana Foreclosure Prevention Network. Indianapolis’ rent assistance fund received another \$7.5 million from the last of the city’s federal relief funds, and city officials expect the funding to last through December.

Derris Ross, founder of The Ross Foundation, which serves the far east side around 42nd Street and Post Road, said there were still some unlawful evictions in the area during the moratorium, and there were instances of landlords threatening evictions. Once young people lose housing, they usually end up crashing at someone else’s house or squatting in an abandoned house, Ross said.

“They resort to doing what they gotta do to survive,” he said.

Part of the issue, Ross said, is young people are less likely to know their rights. The Ross Foundation has a tenants rights union with 50-75 members.

The biggest factors contributing to homelessness on the far east side are a high recidivism rate and youth aging out of the foster care system, according to Ross. It can be especially difficult for those with a criminal record to find decent housing.

“They have nowhere to go,” Ross said.

Contact staff writer Tyler Fenwick at 317-762-7853. Follow him on Twitter @Ty_Fenwick.



UNCF 2020 National Virtual Walk for Education

The UNCF Walk-a-thon Day gave the community an opportunity to donate to the organization, which assists underserved youth with a chance to further their education and enroll in college after high school. After completing the walk, Barbara Boyd, retired television personality (l) and Andrea Neeley, regional director for UNCF, stopped by state Rep. Greg Porter’s annual BBQ fundraiser. Family and friends gathered while observing social distancing and wearing the required masks. The event was at the grounds of the Cosmos Knights Club on North Illinois Street. (Photo/Curtis Guynn)

CARLY

► Continued from A1

wanted to send her to a shelter in Columbus, but Jackson didn’t want that — not after growing up in the foster care system, transitional housing and treatment facilities.

She tried to take her life Jan. 19 while locked in an office at the front gate of the center.

Jackson was homeless on the streets of Indianapolis and bounced around to different houses when she could. She got into Wheeler Mission recently after being sexually assaulted by someone she met on a dating app.

“It’s really hard,” she said. “I’m really depressed. I feel like a walking corpse to be honest. It may not seem like it, but I do. I’m so depressed. I’m so hurt. I’ve been hurt in all the ways you can imagine.”

Jackson sees a therapist every Tuesday now and said it helps to just have someone to talk to when she’s lonely. She was reunited with her mother recently for the first time since she was 6 — when the state took her away from her parents — but they didn’t get along and didn’t stay in touch.

“I wouldn’t wish how I feel on anybody because how I feel, it’s like, I don’t care if I die,” she said. “It’s really sad because I used to be so confident.”

Some things are starting to look up, though. Thanks to a housing voucher program through Indianapolis Housing Agency, Jackson is close to getting into an apartment, the first place she’ll ever have on her own.

Like so many others in a situation like hers, Jackson said she feels misunderstood. She wishes people knew that she’s a caring person.

“I put myself in other people’s shoes all the time,” she said. “Every decision I make, whether it seems like I did or not, at the time I may not have cared about the negative outcome, but I did think about how you would feel, and I did think about the consequences before I just did it.

“I’m very smart. I’ve just been hurt. I’m broken.”

Contact staff writer Tyler Fenwick at 317-762-7853. Follow him on Twitter @Ty_Fenwick.



“Besides my love of fishing, I’ve inherited heart disease from my father and grandfather. How do I keep it under control?”

Get convenient access to Indiana’s top cardiologists.

If you’ve been told you’re at risk for heart disease, don’t wait to see the highly skilled heart experts at IU Health. From everyday heart care to the most complex procedures, we offer leading-edge medicine that’s personalized for you, so you can take control of your health.

Chosen by *more patients* for heart care than anywhere else in Indiana.



Indiana University Health

Call **317.962.0500** to book your consult today.

© 2020 IU Health 08/20 MRG16729_08220

AVENUE

► Continued from A1

would span roughly three blocks downtown. Due to its proximity to IUPUI, many of the future residents would likely be college students, representatives said.

IUPUI and the Walker Legacy Center formed a partnership in 2018, giving the university a say in some of the programming, as well as office and classroom space in the building.

In response to the plans, Indianapolis resident Paula Brooks created Reclaim Indiana Avenue, a group dedicated to preserving the history of the area. The group’s core focus areas, according to its website, are restorative justice and building awareness.

On the group’s Facebook page, they describe construction plans as a “dream of wiping out the last vestiges of ‘blackness.’”

For several months, Indiana Avenue has been a meeting place for protests and events hosted by local activism groups, including Indy10 Black Lives Matter. In August, Indy10 sponsored a “Black Lives Matter” mural outside of Walker Plaza, with organizers calling the piece — created by a team of local Black artists — a tribute to “ancestors.”

Forgotten history

Paul Mullins, an anthropology professor at IUPUI, frequently discusses the school’s role in the gentrification of downtown Indianapolis. He views this construction plan as another attempt to diminish the history of Indiana Avenue.

A clue for Mullins, he said, is in the architecture.

“I think what good design does is recognize the heritage of place, and what Buckingham has done is borrowed a few stylistic elements from the Walker Theatre, but selectively,” Mullins said. The Afro-centric designs incorporated in the Walker Theatre, Mullins said, were not included in the design proposal. “They did make the argument that they would have a public art installation that may have some additional nods to the history of the avenue,” Mullins said, “but the building itself is the first thing you see from the street.”

Like Brooks, Mullins isn’t arguing for Indiana Avenue to return to what it was in the past. He just wants the history of the street to be remembered and protected.

“I don’t think it’s a case of trying to recapture 1940s life on the avenue,” Mullins said. “It’s about recognizing that

heritage and making it a part of an avenue that is truly alive. The Avenue could be integrated on the color line and across class, and we can recognize its heritage as a jumping-off point for a more progressive future.”

It isn’t just older generations who are worried about the impact of forgotten heritage. Several IUPUI students, including Aahron Whitehead, a third-year student, feel the school needs to be more upfront about its role in the gentrification of downtown.

“Where IUPUI is built today, there once stood a strong Black community,” Whitehead said in a previous interview with the Recorder. “IUPUI has exploited that community and broke it apart. They exploited and broke apart Haughville, Indiana Avenue and Lockefield Gardens.”

Sha-Nel Henderson, president of the Black Student Union (BSU) at IUPUI, echoes Whitehead’s sentiments. Henderson feels IUPUI doesn’t do enough to teach students about the history of downtown, and she worries more development downtown could lead to more history being forgotten.

The BSU currently has several demands of the university, including requiring history classes to discuss the gentrification that happened downtown, partnering with more Black-owned businesses and more funding for research into health disparities in the Black community. Whitehead argues Black residents of Indianapolis should be offered scholarships or freshman year tuition deferments.

“We want IUPUI to basically repay the community for their actions,” Whitehead said. “They need to help and reinvest into the community to help it grow to become a more urban and innovative environment.”

Mullins agrees.

“We [IUPUI] has a vested stake in The Avenue and in the Walker, even if we don’t possess that building,” Mullins said. “There is no real systematic heritage education that takes place on campus ... and that makes it more difficult to have political activism when people don’t have historical knowledge.”

Contact staff writer Breanna Cooper at 317-762-7848. Follow her on Twitter @BreannaNCooper.

VOTE

► Continued from A1

Oct. 6-Nov. 2 — Early voting

There are five early voting locations open Oct. 24 through Nov. 1:

- Krannert Park Community Center, 605 S. High School Road
- Metropolitan School District of Lawrence Township administration building, 6501 Sunnyside Road
- Perry Township Government Center, 4925 Shelby St.
- St. Luke’s United Methodist Church, 100 W. 86th St.
- Warren Township Government Center, 501 N. Post Road

These early voting sites are open 11 a.m.-7 p.m. on weekdays and 10 a.m.-5 p.m. on weekends.

The City-County Building, 200 E. Washington St., will open for early voting Oct. 6 through Nov. 2 with varying hours on weekdays and weekends.

Oct. 22 — Deadline to apply for an absentee ballot

Indiana is currently one of only a few states that doesn’t count COVID-19 as a valid reason to vote by mail for the general election. Voters must choose from a list of 11 reasons to vote by mail.

Apply for an absentee ballot online at indianavoters.in.gov, or by printing an application and mailing it or taking it to the Marion County Election Board, 200 E. Washington St., W-144. The Election Board has to receive the application by 11:59 p.m.

The 11 reasons to choose from to vote by mail:

1. The voter has a “reasonable expectation” that they will be out of county for the entire time polls are open on Election Day.
2. The voter has disability.
3. The voter is 65 years old or older.
4. The voter has official election duties outside of their voting precinct.
5. The voter is scheduled to work during the entire time the polls are open.
6. The voter will be “confined due to illness or injury” or caring for someone who is confined as such for the entire time the polls are open.
7. The voter is prevented from voting due to a religious discipline or holiday on Election Day.
8. The voter participates in the state’s address confidentiality program.
9. The voter is a member of the military or a public safety officer.
10. The voter is considered a “serious sex offender” as defined by state statute.
11. The voter does not have access to transportation to the polls.

Nov. 3 — Election Day

Polling places are open from 6 a.m. to 6 p.m. There will be 187 vote centers throughout Marion County, including Lucas Oil Stadium. Visit vote.indy.gov for a map of vote centers.

For those voting absentee by mail, election officials must receive a ballot by noon on Election Day, regardless of when it’s postmarked.



BIDEN
HARRIS

BUILD BACK BETTER

JOBS AND ECONOMIC RECOVERY AGENDA

Joe Biden believes we cannot build back better without a major mobilization of effort and resources to advance racial equity across the American economy

- ✓ Ensure all small business relief efforts are specifically designed to aid businesses owned by Black and Brown people.
- ✓ Spur more than \$150 billion in additional public-private venture capital and non-profit lending programs to minority-owned small businesses.
- ✓ Reform Opportunity Zones to Fulfill Their Promise.
- ✓ Ensure his housing plan makes bold investments in homeownership and access to affordable housing for minority families.
- ✓ Boost retirement security and financial wealth for minority families.

Visit jobebiden.com/racial-economic-equity to learn more

PAID FOR BY BIDEN FOR PRESIDENT

How redlining impacted Indianapolis

By TYLER FENWICK
tylerf@indyrecorder.com

Indiana Historical Society will continue its redlining series with a virtual panel of local experts Sept. 29.

Indianapolis, like every other city in America, was shaped in the 1930s and '40s by redlining maps drawn by the Home Owners' Loan Corporation, which color-coded areas based on desirability for mortgage lending.

It's been 83 years since Indianapolis was redlined — three years before the invention of color TV — but the consequences linger.

"What Indianapolis looks like now really is indebted to those maps," said Paul Mullins, an anthropology professor at IUPUI and one of the panelists for the event at 7 p.m. Sept. 29 on Zoom.

The event — "Making It Local" — is free, but you have to register at indianahistory.org.

Mullins said it's important to understand that redlining represented a shift in discrimination and segregation. Before the 1930s, it was more of an implicit practice by realtors, some city governments, homeowners, etc., but the practice of redlining brought all levels of government into the fold.

Unai Miguel Andres, a data analyst for The Polis Center at IUPUI and a panelist, said one of the obvious ways to observe redlining's legacy is the race wealth gap because so many African Americans were effectively locked out of homeownership.

The average white family's wealth is currently almost 10 times that of the average Black family's wealth, according to Brookings Institution.

About 85% of Indianapolis was graded as "definitely declining" (yellow) or "hazardous" (red) in the 1937 map. At the time, 84% of the city was native-born white and a little more than 13% was African American.

Almost all of the area immediately

REDLINING SERIES: "MAKING IT LOCAL"

Indiana Historical Society's redlining series continues with a virtual panel of local experts.

- When: 7 p.m. Sept. 29
- Where: Zoom
- Register: Register for free at indianahistory.org

surrounding downtown was either yellow or red. Most of the pockets of blue — designated as "still desirable" areas — were to the north and south. Only 5% of the city was "best," denoted by green.

Jordan Ryan, an architectural archivist at Indiana Historical Society, recently superimposed a map of Interstates 65 and 70 on top of the redlining map, which shows the highways almost exclusively cut into red areas as they snake through downtown.

Stacia Murphy, an equity fellow at Kheprw Institute, said developing an understanding of the historical factors that helped shape Indianapolis will hopefully inspire new ways of thinking about solutions.

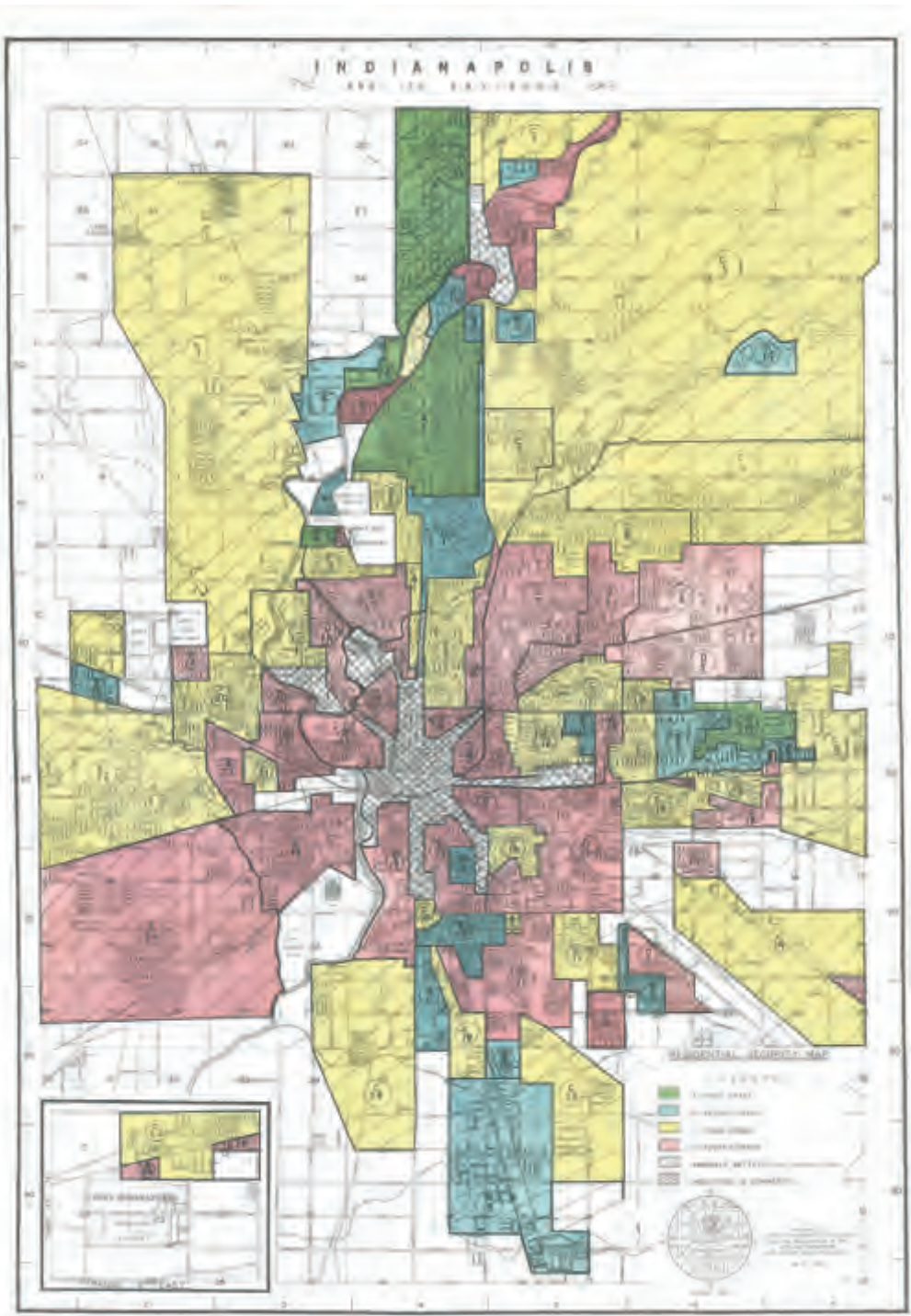
"I want people to realize that we have a wealth of community intelligence to draw from as it takes a diversity of perspectives to advance solutions that are sustainable," she said.

The next part of the redlining series — "Developing the City" — is Oct. 27 and will look at how redlining influenced architecture, transit and urban planning.

The final panel — "Creating Equity Today" — will explore ways to create more equitable housing markets.

Indiana Historical Society invited Johns Hopkins University professor Nathan Connolly to lay the foundation for redlining last month. That video is on the organization's YouTube page.

Contact staff writer Tyler Fenwick at 317-762-7853. Follow him on Twitter @Ty_Fenwick.



A redlining map of Indianapolis from 1937 shows what areas of the city were deemed most risky for mortgage lending. (Photo/University of Richmond "Mapping Inequality" project)

READY, SET, VOTE!

MAKE YOUR VOTE PLAN TODAY.

Your voice matters, so we've made voting in Marion County easy and convenient. Understand your options to make sure your vote counts.

Decide on your vote plan and know the deadlines and dates below. Go online to vote.indy.gov for voting locations and other helpful info.



VOTE ABSENTEE

NOW - OCTOBER 22

Check your eligibility, then request your ballot. Return your ballot by mail or drop off at eligible locations. Ballot must be received by noon on Election Day, November 3.



VOTE EARLY

OCTOBER 6 - NOVEMBER 2

Vote early and in person at locations across Marion County, right up to the day before Election Day.



VOTE ON ELECTION DAY

NOVEMBER 3

Vote in person at any Marion County vote center on Election Day.

ONE MORE VOICE FOR CHANGE

One more voice has the power to make a difference. One step to seeing change in our neighborhoods in Indianapolis is registering to vote. Local elections decide which city initiatives are funded and some elections have been decided by just one vote. Visit OneMoreVoice.com and register to vote by October 5.

Make That Voice Yours.



vote.indy.gov

This message paid for by the Marion County Election Board.



BROUGHT TO YOU BY:
THE INDIANA CITIZEN
THE JOURNAL OF CIVIC ENGAGEMENT

SPOTLIGHT



S.H.E. Marketplace will promote local

By BREANNA COOPER
BreannaC@indyrecorder.com

For over a decade, Katina Washington, creator of the S.H.E. Event, has been the middleman between local business owners and shoppers searching for locally made products. Now, with the S.H.E. Marketplace, Washington is cutting out the middleman, connecting vendors and customers year-round.

“The idea for the marketplace came about because we had to cancel our event on April 4 because of the pandemic,” Washington said. “We had to find a more efficient way to get our vendors out there in the community, so we came up with this virtual idea.”

The marketplace was supposed to launch Sept. 12 at the most recent S.H.E. Event. However, Washington’s responsibilities as organizer and safety supervisor left her too busy, and the launch is delayed until Black Friday. The new date provides more time to accept applications and gives shoppers a good excuse to shop locally for the holidays.

The day of the launch, Washington will go live on Facebook to showcase some of the available items — which range from home and beauty, fashion, food products and jewelry — and give reviews.

There are no qualifications necessary to apply, and business owners just need to pay \$60 to be included in the “Amazon for local businesses,” as well as provide a copy of a driver’s license — a safety measure put in place to avoid scammers. Once approved, owners can upload photos to display their products.

Applications for the S.H.E. Marketplace are open now, and local businesses will be able to apply at any time after the launch.

Contact staff writer Breanna Cooper at 317-762-7848. Follow her on Twitter @BreannaNCooper.

To apply to be a vendor on the S.H.E. Marketplace, visit sheeventmarketplace.com. Cost is \$60 to be included on the database.

ARCHIVE
► Continued from A1

election.

We have been told that politics at the local level is what makes things happen. When I look around, I see there are a lot of faces in politics that look like mine, yet I do not see the changes that are necessary for our people to move ahead.

There are politicians in this city who will not pick the phone up if and when you call. As of now, I am currently blocked on Facebook by one of our well-known Black politicians. I have been cursed out by another Black politician for voicing my opinion on a Facebook post.

I have personally come to the conclusion that there is always a winning option in politics if you are a believer. 1 Corinthians says, “No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.”

In reading this, I thought about how many times I was told that, when voting, I have to pick the lesser of two evils. I finally realized that when He provides a way out, he is talking about Himself.

We have had Blacks in every level of politics now. We have finally had someone in the White House who looks like us. Although this is true, I must say I have not seen much change take place for Black people at this point. Some may not agree with me, but if they do their research, I am sure they will agree afterward.

In knowing this, I had to ask myself, what got us here? What got us to the point of politics? What got us to the point of being able to have some of the liberties we have today as Black people? The only answer I could come up with is our faith.

Do you realize it has only been 51 years since we were given the right to vote? On Aug. 6, 1965, Lyndon Johnson signed the Voting Rights Act. History says slavery lasted 245 years (although I still see it). There is 100 years’ difference between the abolishment of slavery and the Voting Rights Act.

Again, I ask, how did we get here?

Our faith not only helped release us from the shackles of slavery, but it also helped us to fight for the rights to do the things we do today. We



did not die for the right to vote. We died for human rights. We have become so entrenched in politics that we have forgotten our true strength was our faith in the Lord. We have started believing in what and whom we see and have lost our sense of hope in what God can do.

Psalm 146:3 says, “Do not put your trust in princes, in human beings, who cannot save.” I am not saying you should not vote. All I am saying is you should realize that with God, we can move mountains (100 years), and without him, we are lost.

He has proven time and time again he is the ONLY way for us to grow as a people. Let’s get ourselves reacquainted to Him.

Greg Meriweather is the host of the Black On Black Radio Show and the chief executive officer of Black On Black LLC.

In our community,
care comes first.

We help navigate the costs,
so you can focus on health.

Things look a little bit different in our community. When you need support for your health, access to our caregivers is simplified and convenient, no matter who you are or where you live. And when it comes to managing costs, we can help simplify that too.

Whether you’re uninsured or underinsured, we have a team in place whose sole purpose is to advocate on your behalf, often finding coverage for patients in need before treatment even begins. We’re called Community Health Network for a reason, and we promise to stand by you every step of the way. Learn more at eCommunity.com/simplydelivered

 **Community**
Health Network
EXCEPTIONAL CARE. **SIMPLY DELIVERED.**



Some Hoosier moms live in ‘maternal care deserts’ far from pregnancy care

By HILARY POWELL

New mom Briante Melton of Indianapolis met her best friend at her lowest moment.

“I just felt kind of like hopeless,” she says. “Like I was going to feel like that forever.”

After her 1-year-old son Isaiah was born, she says she suffered from postpartum depression. When she didn’t always feel like getting out, help came to her inside her home through the Nurse Family Partnership (NFP) at Goodwill Industries.

“I can call my nurse my friend now and also a therapist as well,” Melton says of her NFP nurse Michelle Washington.

If you want to deliver a healthy baby like Melton, the odds of doing so in the Midwest are the worst if you call Indiana home.

Chances are if you’re Black, Latina or a low-income Hoosier, you’re in one of the state’s 33 counties that lacks either a hospital or a hospital with a delivery wing.

They’re called maternal care deserts, where just getting to a health care provider can be a barrier to healthy births.

“Some of our moms are struggling to even get their driver’s license,” said Lisa Crane, senior director of the Nurse Family Partnership at Goodwill Industries.

The partnership pairs first-time moms with a registered nurse for ongoing home visits in 30 counties around the state. During the coronavirus pandemic, most of these visits are now virtual, but Crane said access issues existed before the virus.

Support for some of the moms she serves just south of Shelbyville in Bartholomew County comes in the form of basic needs: Social workers often help moms get reliable transportation, car insurance and a driver’s license. Sometimes, the best thing nurses can provide to a new mom is a stable relationship of trust, which can help reduce stress, Crane said.

“My nurse has been like a mother to me in some way,” Crane said of testimonies she’s heard from moms who’ve graduated from the program.



New mother Briante Melton. She is taking part in Indiana’s OB Navigator program. (Photo provided)

baby’s life. The state reports more than 500 women have accepted a provider referral through the program.

Reducing the rate at which both mothers and babies die at childbirth is among the top priorities for the state toward achieving Holcomb’s goal of having the lowest infant mortality rate in the Midwest by 2024.

So far, Indiana’s Black infant mortality rate dropped from 15.7 per 1,000 live births in 2017 to 13.0 in 2018, the most recent year for which the state has data.

Risë Ratney, director of maternal and child health services for the Northwest Indiana Health Department cooperative, said as both a mom and grandmother, change can’t come quickly enough.

“When you look at the health of your infants, you’re really reflecting the health of your entire community,” she says. “If you don’t get a good start in the beginning, what are your chances of having optimal health as you go along?”

In her Lake County communities, Black infants are two times more likely to have poor birth outcomes such as low birth weight, prematurity and congenital defects.

Still, for Crane, moms often have something endearing in common.

“Every mom we meet, the very first thing she tells her nurse is, ‘I want to be the best mom I can,’” she said.

To help get prenatal care to all 92 Hoosier counties, the state health department is set to award \$1.5 million in grants over the next two years to four organizations across Indiana in counties with limited or no OB services.

State health officials say the OB Navigator program is expanding ahead of schedule and will be in 22 counties by the end of October.

Melton said the effects last longer than the program. She still has her nurse’s cell phone and sends her picture updates on Isaiah’s progress.

Ratney said success looks like babies being born full term and moms taking to breastfeeding. It also means parents know they have a support system.

“Most of us like to have a girlfriend or somebody to be able to share experiences with,” she said. “Well, they’re getting health education, too. I love it.”

This story was reported as part of a partnership between WFYI, Side Effects Public Media and the Indianapolis Recorder.

For more information on the OB Navigator Program, contact: OB-Nav@isdh.in.gov.

For more information on Goodwill’s Nurse-Family Partnership visit <https://www.goodwillindy.org/health/>.

To find a testing site, visit www.coronavirus.in.gov and click on the COVID-19 testing information link.



Melton says her Goodwill-provided nurse was a surrogate family member since most of her family lives in her hometown, Hammond.

The partnership serves women who are covered by Medicaid, which means they live at double or below what’s federally considered poverty.

Community-centered approaches like Goodwill’s weave a network around Indiana that seeks to fulfill a statewide mandate.

An initiative signed into law by Gov. Eric Holcomb in 2019 launched in January to support moms and babies to create healthier outcomes for both. It’s called the OB Navigator program. The navigator also provides home visits to a woman during pregnancy and at least the first six to 12 months of her

When it’s important, we plan for it ahead of time.

Planning your life celebration now will give you and your family valuable peace of mind. Our guaranteed, pre-paid funeral plans protect everyone from hard financial and emotional decisions at a time of loss. Speak with us today and we’ll help you take care of every detail, including affordable payment plans.

FREE planning guide: DignityMemorial.com

CROWN HILL

FUNERAL HOME & CEMETERY | INDIANAPOLIS
317-925-3800

Every Detail Remembered™ | **Dignity**[®]
MEMORIAL

Crown Hill Funeral Home (Mgmt Co) | Crown Hill Cemetery (Mgmt Co)

Christian Theological Seminary Announces New Board of Trustee Officers



Ted Waggoner
Chairman



Jo Taylor
Vice Chair



Myra Selby
Secretary



Dana Sherwood
Treasurer



CHRISTIAN THEOLOGICAL
SEMINARY
www.cts.edu

LIFTING UP TEACHERS IS A WIN FOR INDY



TEACH INDY AND THE COLLEGE FOOTBALL PLAYOFF FOUNDATION TEAM UP TO STRENGTHEN EDUCATION IN INDIANAPOLIS

In January 2022, the College Football Playoff (CFP) kicks off at Lucas Oil Stadium. The impact of the game, however, is already being felt. The CFP Foundation and its primary platform, Extra Yard for Teachers, has recently invested in the creation of an eLearning lab to provide valuable resources to teachers as they transition to online learning.

The latest investment will drive the efforts of Teach Indy. Funding from the CFP Foundation will support Teach Indy in driving the recruitment, development, recognition and retention of high-quality teachers for Indianapolis schools.

“Teachers are the backbone of Indianapolis Public Schools, providing socially and emotionally supportive learning environments that ensure access to high-quality curriculum and instruction,” said Aleesia Johnson, IPS superintendent. “The opportunity to recognize and support those working on the front line of our district through the Teach Indy partnership and College Football Playoff Foundation is a well-deserved bonus.”

Learn more at TeachIndyNow.org or follow at [@TeachIndyNow](https://twitter.com/TeachIndyNow) / [@CFPEXtraYard](https://twitter.com/CFPEXtraYard)
To access online learning resources at the Indiana eLearning Lab, go to inelearninglab.com

TEACHINDYNOW.ORG

★

TEACH
INDY

EXTRA YARD
FOR
TEACHERS

COLLEGE FOOTBALL PLAYOFF
FOUNDATION

2022

INDIANAPOLIS HOST COMMITTEE

EDITORIAL

Racism: the root of all evil

By OSEYE BOYD



The other day I had a conversation with my daughter about taking action in life. How it’s better to be proactive and not reactive. During that conversation we also discussed the times you feel so overwhelmed that it paralyzes you. You can’t figure out what the next move should be so you don’t move at all. You do nothing and hope for the best.

As I talked to her, I thought about how it feels to be Black in America and the issues that affect us. So often we’re reactive instead of proactive. So often we’re paralyzed to inactivity because we’re so overwhelmed by this gap or that disparity that we don’t know where to begin. I’m speaking collectively and individually.

As Black people we know the problems that affect our community. What we don’t always know is how to solve them. Many times the solution isn’t in our control, leaving us feeling helpless and ready to give up. Or, if we do have the solution, there are obstacles in our way. And let’s be honest, sometimes we’re the problem. Again, I’m speaking collectively and individually.

I often equate it to a house that is on fire, and your spouse, children, parents, grandparents, etc. are inside. Who do you save first? It’s impossible to save everyone at the same time, so you have to make a

choice. Do you choose your spouse over your children? Your children over your parents? Your parents over your grandparents? Every choice means someone is harmed, leaving you hurt, confused and paralyzed. However, inaction has a cost too. No one is saved — not even you.

I think this happens in our community often. The myriad issues plaguing our community leave us in a cycle of paralysis. Since we don’t know where to start, we do nothing and hope for the best.

While I want to see racism disappear in this country, I’ve decided to focus on systemic rather than individual racism. I think as Black people we often give so much attention to the white person spewing racist rhetoric because it’s easier to deal with one person than an entire system. Arguing with a racist (or someone who thinks he’s not racist, but clearly is) is the low-hanging fruit that makes us feel as though we’re fighting racism. This is reactive and it does nothing but get our blood pressure up — and that’s what we don’t need! However, that one person is operating within a system that says it’s OK to treat Black Americans a certain way.

I decided I will educate but I won’t argue with a willfully obtuse person. It’s a waste of my time and energy. Plus, most of the time willfully obtuse people keep repeating the same tired statements that have been disproven, so that tells me this person is stuck on stupid and not worthy of discourse.

So now that stupid people are no longer getting my attention, how does one tackle systemic racism? It’s

so huge that once again it leads back to paralysis. I think the city-county council helped answer that question when they unanimously voted for Proposal 182, a special resolution declaring racism a public health crisis in Marion County.

The more you examine systemic racism, the more you realize it is a public health crisis because it’s the root of all evil. It’s the well from which all gaps — wealth, education, homeownership — and disparities — health, mortality, criminal justice — spring. All of these efforts to quash this gap or reverse this disparity must look at the role racism plays in every aspect of life for descendants of slaves in America.

These gaps and disparities are by design. Racism (whether implicit or explicit) — against the descendants of formerly enslaved people — is built into the fabric of American society.

Yes, it’s still a huge undertaking, but I think knowing where to focus helps stop the paralysis. For those who’ve moved past paralysis, it may stop the hamster-on-the-wheel feeling — which isn’t much better than paralysis. It also leaves room for collaboration between organizations and institutions to understand how one area affects so many others. For instance, if you live in an area that was once redlined, you may have health issues from environmental pollution, live in substandard housing in a food desert, work in a low-wage job and lack transportation. It all started with racism.

OPINIONS

Eminem song poses questions

By LARRY SMITH



Rapper Eminem released his 11th album, “Music to Be Murdered By,” this past January. (The release made him the first artist to have 10 consecutive albums debut at No. 1 in the U.S.) I recently listened to the album for the first time and came across a song that made me think about America’s current racial context. One of Eminem’s long-time collaborators, Royce da 5’9”, raps on a track titled “You Gon’ Learn.” The song includes the following lyrics:

“Make a bigot racist uncomfortable
If y’all against talkin’ reparation then
I’m not against the thought of separation
While the politicians that are white and privileged
Ask how is this different from segregation.
That’s funny bro
Segregation is bein’ told where I’m

gonna go
Separation is bein’ woke and goin’ wherever I wanna go”
Consider the irony of a Black rapper performing a song that gives credence to racial separation — on an album from a white rapper who is the all-time, best-selling artist of a distinctively Black musical genre. Indeed, Eminem is one of the best contemporary examples of racial integration — at least as far as music is concerned. (I recall Chris Rock’s joke from several years ago that the best rapper, Eminem, is white, while the best golfer, Tiger Woods, is Black.)
“You Gon’ Learn” contributed to my contemplation of the mental, emotional, spiritual and physical price that Black folks have always paid as we have navigated historic and contemporary American apartheid. This navigation is made all the more turbulent due to the concurrent pandemic. Then, just for fun, throw in the fact that we have an upcoming national election whose implications — racial and otherwise — are the greatest in living memory.
Is it hip hop-crisy for a Black rap-

per who is so closely associated with a white rapper to suggest that racial separation is a viable option? (See what I did there?) To answer my own question, I don’t think so — at least in this instance. If Black nationalism were Royce’s modus operandi, one might reasonably accuse him of being a hypocrite. But that’s not the case. I think that he’s merely expressing frustration regarding the hypocrisy of racism. For example, it is not uncommon for white people to complain about HBCUs, affirmative action, BET, Miss Black America and other efforts to combat white supremacy. Some Black leaders, including Marcus Garvey and Elijah Muhammad, concluded that white people would never accept Black people as their equals. Thus, these leaders proposed racial separation. There is no indication that Royce ever adhered to that philosophy.
However, as the song suggests, Black folks have every right to criticize the hypocrisy of the people who created, perpetuate and benefit from white supremacy. (This reminds me of the “Black lunch table” complaints

that some white students made during my undergraduate days — at an overwhelmingly white college.) I long — most likely in vain — for the day in which the majority of white people will hate racism as much as they hate the reactions to racism. (As a bonus, I long for the day when the nonsense notion of “reverse racism” is discarded.)
My point in all this is that we have not found a genuine solution to these challenges — in their myriad iterations — since 1619. The promise of the 1954 Brown decision gave way to the stark reality that desegregation has fallen woefully short of ensuring racial equality. I grieve at the compounding effect of centuries of intellectual, emotional and physical energy that could have been spent on advancing all of humanity as opposed to fighting for recognition of Black people as fully human.
In the inimitable words of Marvin Gaye, all this “Makes me wanna holler and throw up both of my hands.”

Larry Smith is a community leader. Contact him at larry@leaf-llc.com.

Get up and go vote, or don’t

By ABDUL-HAKIM SHABAZZ



There has been a lot of debate about no-excuse absentee voting here in Indiana. State Democrats and other activists have been demanding that the governor and the election board change the rules and allow for Hoosiers to vote by mail without giving a reason for doing so. The logic and rationale being that no one should have to choose between their health and voting. I agree, no one should have to pick, and no one does.

If you look at the way Indiana elections work, you will see there is no need to choose between your health and voting. First of all, if you’re over age 65,

you can vote by mail. And seeing how if you are over age 65, you are likely to contract COVID-19, particularly if you have other health issues, so you don’t have to leave the house. You can vote by mail, problem solved.
Or, if you have a health condition that makes you more likely to contract COVID-19, guess what, you don’t have to leave the house. You can vote by mail. Now here’s the caveat: You can’t have left the house for something else, like going to the grocery store or out to eat. If you’ve done that, then you can’t vote by mail. Otherwise, once again, a problem is solved.
Here are the 11 reasons the state of Indiana allows someone to vote by mail.
• You have a reasonable expectation you won’t be able to make it to the polls in the 12 hours that they are open.
• You will be confined to your residence, hospital or health care facility due to an illness or injury during the 12 hours the polls are open.
• You’ll be caring for an individual confined to a private residence due to illness or injury during the entire 12 hours the polls are open.
• You are a voter with a disability.
• You are a voter and are at least 65 years old.
• You have official election duties outside your voting precinct.
• You are scheduled to work at your regular place of employment during the entire 12 hours the polls are open.
• You cannot vote at the polls in person due to the observance of a religious holiday or discipline the whole 12 hours the polls are open.
• You are eligible to vote under the “fail-safe” procedures in state law.
• You are a member of the military or a public

safety officer.
• You are a “serious sex offender” as defined by state law.
• You are prevented from voting due to the unavailability of transportation to the polls.
So far, 95,000 people have applied for absentee ballots. That number was about 57,000 back in 2016.
Now for those of you who choose to vote in person, you’ve got plenty of time and plenty of places to do it, and you don’t have to worry about your health. You can vote 28 days before Election Day, and with vote centers being all the rage these days, you have very little to worry about. Also, as Secretary of State Connie Lawson mentioned, there will be ample personal protection equipment for the poll workers and enough to take care of the voters. And don’t forget your mask, to social distance and stay at least six feet away from folks while you’re in line and don’t forget your hand sanitizer.
So, what are you worried about again?
You don’t have to choose between your health and your right to vote. As I mentioned above, you have 11 reasons to mail in a ballot, and most importantly, if you’re stuck at home due to COVID-19, you can request a ballot, provided you haven’t been running to the store or other errands. And if you’re healthy, you’ll have plenty of time and plenty of places to vote starting 28 days before Election Day.
See, once again, this problem is solved. See you, or maybe not, at the polls.

Abdul-Hakim Shabazz is an attorney, political commentator and publisher of IndyPolitics.org. You can email comments to him at abdul@indypolitics.org.

INDIANAPOLIS RECORDER

NEWSPAPER

George P. Stewart

Founder-Editor-Publisher

1895-1924

Marcus C. Stewart Sr.

Editor-Publisher

1925-1988

Eunice Trotter

Editor-in-Chief

1988-1990

William G. Mays

Owner/Publisher

1990-present

President/Chief Executive Officer.....Robert Shegog

ADVERTISING/MARKETING

Senior Strategic Media Consultant.....Rita J. Wise

Sales Representative.....Michael Falker

EDITORIAL

Editor.....Oseye Boyd

Staff Writers.....Breanna Cooper

.....Tyler Fenwick

Technology Editor.....Rupal Thanawala

Digital Content Strategist.....Ariana Williams

BUSINESS

Business Office Coordinator.....TaLette Jones

Business Office/Legals.....Crystal Dalton

PRODUCTION

Production Manager.....Jeffery Sellers

Art Director.....John L. Hurst Jr.

Designer.....Jeana M. L. Ouattara

Indianapolis Recorder Newspaper encourages short, concise letters to the editor and opinion articles from the public. Letters and opinion articles will be used at the editor's discretion and are subject to editing. We will not guarantee publication of material received. We cannot guarantee dates of publication. Letters containing libelous or untrue statements will not be published. All letters and opinion articles must include a verifiable full name, address and telephone number. This information will not be published at the request of the writer. Letters and articles should be typed but will be accepted if handwriting is legible.

(317) 924-5143

P.O. Box 18499, Indianapolis, IN 46218-0499

newsroom@indyrecorder.com

Revitalizing brownfields helps rebuild communities

By JULIE L RHODES

We hear the term brownfields used to describe property by those in community development, economic development and finance. But, for an average citizen, what does it mean and why should you care?

A brownfield is a property that is not being used because it seems like it may have contamination on it. Brownfields are those abandoned, underutilized, blighted and/or contaminated properties in our neighborhoods — from old gas stations, dry cleaners and auto body shops to large factories, industrial sites or scrap yards. These properties near our schools, churches, homes and waterways can be contaminated with chemicals, heavy metals or dumped waste material from past uses that can linger on-site and create risks to people and the environment. In worse cases, those contaminants can sometimes migrate off-site, through the subsurface groundwater, to create a greater risk for the community at large. Unfortunately, these properties are commonly in marginalized neighborhood, causing risks and an environmental injustice to the community.

How can these long-standing challenges be addressed? What can be done to turn brownfield properties into community assets?

By definition from the U.S. Environmental Protection Agency (EPA), brownfields are “properties on which real or perceived contamination has prevented redevelopment.” But, research can be done to find out if the former uses of the building had chemicals and/or operations of concern. And if it did, then the property can be tested to see if the suspected contamination is actually present in the ground or in the building, or determine there is nothing to worry about. The risk of concern depends on the potential for someone to come in contact with enough of the contaminants for a long enough time to cause harm. Sometimes contamination may be widespread and costly to clean up to protect people and the environment. Other times the types and/or amounts of contamination might not require extensive or costly remedy and cleanup. The intended use of the property can play a part in what constitutes a risk, too. For instance, development of a property into homes, a playground or a day care might require a cleaner piece of property than a parking lot or warehouse, where there is less chance of potential exposure to contamination left in place.

Brownfields experts — such as environmental consulting firms, environmental attorneys and government agencies — use the terms Phase I and Phase II environmental site assessments (ESAs) to determine the level of contamination and risk on a property. A Phase I ESA provides a comprehensive evaluation of historical and regulatory records to identify real and/or potential risks associated with the site based on its history and the past uses of properties around it. A Phase II ESA provides details and analysis of investigation, soil, groundwater and air testing. The results of the Phase II ESA help determine what risks (if any) remain.

Reconnecting to Our Waterways’ (ROW) Economics Element Committee sees brownfield redevelopment as a unique opportunity for community development in ROW’s waterway neighborhoods.

“Assessing and cleaning up brownfield sites have multiple purposes: protecting people and the environment, providing peace of mind, remediating environmental injustice, and being part of turning something old into something new in the community that everyone can enjoy,” said Chris Jaros, ROW economic co-chair and environmental consultant at CTL.

There are many approaches to assessing a property for contamination. It can seem complex and overwhelming, but having access to experts and professionals to answer questions can provide direction and make the process seem less daunting.

“It’s helpful for community members to have a high-level understanding of brownfields so that they are poised to be good advocates for responsible and appropriate real estate reuse in their neighborhoods,” said Emily Scott, economic development program officer at Local Initiatives Support Corporation Indianapolis and co-chair of ROW’s economics committee. “Oftentimes, small businesses or nonprofit organizations acquire old buildings without doing appropriate testing first to understand the potential contamination risks which can lead to barriers to financing, unanticipated costs of remediation, legal liabilities or health risks to the people that use the building down the road. ROW and many other organizations are able to offer support with understanding these issues at a high level and connect properties owners, or individuals wanting to buy properties, with technical assistance and to resources to help.”

Some possible resources to assist in helping determine concerns, risks and opportunities include:

- City of Indianapolis Brownfields Program
- Indiana Brownfields Redevelopment Program
- US EPA Brownfields
- Local Initiative Support Corporation
- Indiana Housing and Community Development Authority
- Develop Indy

“The Indiana Brownfields Program partners with all levels of government, nonprofit organizations, neighborhoods and others to help with brownfields redevelopment,” said Michele Oertel, community relations and federal funding coordinator for the Indiana Brownfields Program. “Our role in brownfields redevelopment — addressing environmental issues to facilitate local economic development — is a vital component in improving the quality of life for Indiana residents.”

One interactive resource designed for small projects that may have brownfield issues with limited knowledge and resources is ROW’s Development Accelerator. This is a no-cost panel of experts to advise in the assessment and development of brownfields. Participants gain a basic understanding of possible and strategic environmental, legal and practical avenues in which to move a project forward.

“The ROW Accelerator was a great resource for my project and provided a tremendous amount of information from experienced professionals,” said Sharon Clark with Aspire Higher Inc., a small, local developer. “They gave me insight and information I had not been aware of and most likely saved me from many costly mistakes”.

In ROW’s Central Canal Waterway community, Groundwork Indy, a nonprofit, is working with local youth and neighbors to identify brownfields and other vacant properties for community input and future planning along the Canal Tow Path and broader Indy area. ROW’s Fall Creek committee has identified a number of brownfield properties that they would like to prioritize and address over time to lead to a cleaner creek and more positive development in their neighborhoods. No matter in what neighborhood a brownfield exists, knowing about and working to overcome any challenges can bring new economic development and quality of life opportunities to those who live there.

Julie L Rhodes is collective impact director of Reconnecting to Our Waterways.

ABYSSINIA

Abyssinia Ethiopian Restaurant offers both traditional and vegetarian-friendly dishes. Try the unique dishes including the lamb, Abyssinia Sampler plate and their traditional coffee.

5352 W. 38th St.
Indianapolis, IN 46254
(317) 299-0608
AbyssinianIndy.weebly.com
IMCoalition.org



Read Indianapolis Recorder to learn about a different International Marketplace business every week

INDIANA
MINORITY BUSINESS
MAGAZINE

WHOEVER YOU ARE WHEREVER YOU'RE FROM

You Count



Paid for by Count Me INdy




United States Census 2020


count me INDY

2020census.gov

GEO NEXT GENERATION
HIGH SCHOOL — INDIANAPOLIS —

EARN *REAL* COLLEGE CREDITS/DEGREES WHILE IN HIGH SCHOOL.





FREE HIGH SCHOOL & COLLEGE TUITION.

Your ad could be here

Call 317-924-5143

ENROLL TODAY!

4002 N. FRANKLIN ROAD
INDIANAPOLIS, IN 46226
317.608.6220
GEONEXTGENHSINDY.ORG

THINKING ABOUT HEALTH: What you need to know about coronavirus testing



By **TRUDY LIEBERMAN**
Community Health News Service

Testing! Testing! Testing! That's what the experts say is necessary to move the country back to normalcy. Almost daily, local TV stations in New York City, where I live, run public service announcements urging viewers to get a test for COVID-19. Those announcements tell how to find a testing site and most point out that the tests are free.

Many New Yorkers, as well as people in other states, are undoubtedly confused about the kinds of tests available, wonder about the delays in getting results and worry about the tests' reliability. The recent experience of Gov. Mike DeWine of Ohio, who first tested positive for the virus and then negative on subsequent tests, illustrates the potential problems with the tests' accuracy.

To sort all this out, I contacted Teresa Carr, an independent health and science journalist I worked with at Consumer Reports who had just written "A Consumer's Guide to Getting Tested for the Coronavirus."

The place to begin, she points out, is to distinguish between the two types of tests currently available, which people

often confuse because the talking heads on television don't always make clear what they are talking about. Some tests are diagnostic and tell you whether you have an active viral infection that may require treatment or a quarantine. Others are antibody tests.

Antibody tests, which are not diagnostic tools, reveal whether your blood contains antibodies that can show that you were infected by the virus in the past. "These tests can't tell you if you're contagious or if the antibodies will cause you to be immune to future infections," Carr said. "This disease has only been around since February, and we have to do more research."

She explained that some people have COVID symptoms for a long time. They may go on for months and wax and wane. In those cases, are people exhibiting a long course of the same infection or several separate infections? "It's really not clear what the antibody tests means at this point."

Antibody tests are blood tests, unlike the more meaningful diagnostic tests that are recommended as an important way to fight the disease. Since the virus attacks the respiratory system, diagnostic tests — so called PCR tests — hunt for the virus that may be present in your nose and throat. A health care

worker collects a sample by inserting a 6-inch swab through a nostril and obtaining some cells from the upper part of your throat.

Another, simpler test is less invasive. The swab reaches only an inch or so inside the nose and is more comfortable for the patient. Experts now believe the simpler test may work almost as well, but health care workers giving the test may also swab the back of your throat to obtain a more robust sample.

Carr told me the FDA has now authorized do-it-yourself tests. "It's a shallower nasal swab test but not quite as accurate." Another test requires users to spit in a test tube and send it to the lab. Both these kinds of tests are "probably pretty good," Carr said, and have been useful in places where testing materials have been in short supply.

Gov. DeWine reports the first test he took, which gave a false positive result, was an antigen test. His later tests were PCR tests that, as I've explained, examine virus cells taken from a patient's nasal passages. DeWine called the PCR test "very, very, very reliable," and added, "People should not take away from my experience that testing is not reliable or doesn't really work."

In fact, testing and contact trac-

ing, the practice of following up with people who have been in contact with a person who has tested positive for the disease, are major defenses against the spread of the virus. People identified through contact tracing are advised to self-isolate or get tested.

Carr told me that the length of time people wait to get their test results "varies quite a lot" with some people waiting as long as two weeks to find out if they have the disease. In general, though, you can expect a test result within a week. But if you think you have COVID, "you really need to be quarantining the whole time" you are waiting for results.

Carr had a last piece of advice: "Nobody should have to pay for their tests." Under new laws passed this spring, COVID testing is now free with no cost sharing. Congress has made it possible for those without insurance to get free tests through their state Medicaid programs. Check with your state since a few states have not yet adopted that policy.

What has been your experience with testing? Write to Trudy at trudy.lieberman@gmail.com.

GET THE SHOT! NOT THE FLU!

THE MARION COUNTY PUBLIC HEALTH DEPARTMENT'S 2020 FLU SHOT CLINICS WILL OFFER THE SEASONAL FLU VACCINE.

The flu vaccine is recommended by the Centers for Disease Control and Prevention (CDC) for anyone 6 months of age and older.

INFLUENZA VACCINE = \$20

**SHOTS FOR CHILDREN UNDER 2 YEARS ARE FREE.
MEDICARE AND MEDICAID ARE ACCEPTED.**

2020 FLU SHOT CLINIC SCHEDULE

FRIDAY, OCT. 2 • 9 a.m.-4 p.m.

South District Health Office • 7551 S. Shelby St.

WEDNESDAY, OCT. 7 • 9 a.m.-12 p.m.

Old Bethel Church • 7995 E. 21st St.

SUNDAY, OCT. 18 • 9:30 a.m.-2 p.m.

St. Gabriel Catholic Church • 6000 W. 34th St.

THURSDAY, OCT. 22 • 4-6 p.m.

Englewood Christian Church • 57 N. Rural St.

— PLEASE NOTE —

**PARTICIPANTS MUST MAINTAIN SOCIAL DISTANCING.
MASKS WILL BE REQUIRED FOR EVERYONE.**



For more information, or to schedule other vaccinations, call:
Northeast District Health Office • 317-221-7300
Northwest District Health Office • 317-221-7500
South District Health Office • 317-221-5700

Kids Benefit From More Fruits and Vegetables

Providing kids with a healthy lunch packed with nutritious foods, whether they are learning at home or at school, helps them with growth, fitness and learning. Snacks featuring fruits and veggies are a great way to do this.

The Marion County Public Health Department's Nutrition Services program is promoting healthier eating in September as part of National Fruits & Veggies Month (www.fruitsandveggies.org).

Whether fresh, frozen, canned or dried, fruits and veggies as part of a balanced snack boosts a child's fiber intake along with vitamins and minerals their growing bodies need.

Nine out of 10 Americans do not eat enough fruits and vegetables every day. This is surprising as adding more fruits and vegetables to meals and snacks is simple, delicious and easy on the budget.

The Dietary Guidelines for Americans recommend that children consume 1 to 2 cups of fruit and 1 to 3 cups of vegetables each day, depending on their age. Fruits and vegetables are packed with fiber, which helps them feel full longer. They are also filled with nutrients like vitamin A, vitamin C, folate and potassium.

Fresh, frozen and canned are all excellent ways to eat more fruits and vegetables. Picked at the peak of flavor, freshness, nutritional value and processed immediately, frozen and canned produce are just as nutritious as fresh. Plus, they are often less expensive, making them budget friendly.

A quick word of advice: make sure to buy fruit canned in 100 percent juice, rather than fruit syrup, to cut down on added sugar and calories. Canned and frozen produce can add a variety of fruits and vegetables all year long, when some are not in season. When it comes to choosing the form of produce — frozen, canned or fresh — people choose what's best for their family and to make sure to eat enough each day.

Armed with information on how much kids need to eat and all the forms that promote good nutrition, it's time to create healthy snacks. Packed with fiber, snacks made with fruits and veggies keeps kids feeling fuller between meals. And to keep them satisfied even longer, pair a protein-rich food or healthy fat with fruits and veggie snacks.

Choose high protein items such as Greek yogurt, a cheese stick or a couple of ounces of deli meat, and healthy fats like a handful of nuts, a tablespoon of peanut butter or a small serving of guacamole. This helps to create a balanced snack that kids will enjoy and is good for them, too.

A few other ideas: carrot sticks with hummus or guacamole, apple slices with peanut butter, canned fruit (in 100% fruit juice) with cottage cheese, thawed frozen berries with low-fat Greek yogurt, and homemade trail mix with nuts, raisins, popcorn and dry cereal.

Sending kids to school with meals and snacks loaded with fruits and vegetables gives them flavor and fun as well as vitamins and minerals their bodies need. Paring these with a protein or healthy fat helps them stay full and satisfied until their next meal.

To learn more about local nutrition programs and education opportunities, please contact Marion County Public Health Department Nutrition Services at 317-221-7403 or visit MarionHealth.org.

Racial reckoning in Indiana churches

By BREANNA COOPER
BreannaC@indyrecorder.com

When a group of several predominately white churches in the Butler-Tarkington neighborhood gathered June 7 to protest the death of George Floyd and police brutality, the message was clear: You can't preach the teachings of Jesus without discussing social justice issues.

While some white churches are slowly starting to incorporate current events and social justice conversations into weekly worship services, many Black churches have been doing this for years.

Sister Gail Trippett, a nun at St. Rita's Catholic Church, said St. Rita's, along with many Black Catholic churches throughout the United States, has been addressing these issues for years.

"The Archdiocese is taking it on as a focus to help educate the Catholic population on racism," Trippett said. "They're running a series every month in a Catholic newspaper on systemic racism and identifying a biblical perspective as to why [racism] is wrong."

Trippett said African American clergy have been sharing information to help engage other communities in these conversations. While Black pastors and church leaders have been discussing social justice issues from the pulpit, some white pastors



A sign with the words "Jesus can't breathe" was displayed during a protest in the Butler-Tarkington neighborhood. The protest was organized by several churches. (Photo/Breanna Cooper)

worry doing so would sound too political.

"Political for me is if you're discussing which political party you favor over another," Trippett said. "We're not called to do that. We're called to speak up for what God desires for all people. That's not political, that's being a part of the family of God."

Darren Cushman Wood, senior pastor at North United Methodist

Church — a predominately white church — said you can't teach the Bible without discussing social justice.

"Social justice is biblical," Wood, whose church participated in the June 7 demonstration, said. "You really have to twist scripture to avoid it. It's there just in a plain and basic reading of the Bible, but we read the Bible through American filters of individualism,

so that can make it less apparent."

While North United Methodist Church has been discussing social and racial justice issues since the 1950s, when the first Black family joined the church, Wood said he knows of plenty white pastors with white congregations who don't address them at all. Many times, he said pastors are afraid of the pushback they may get

from their congregation if they discuss issues such as police brutality and systemic racism.

"It's an indictment of white pastors that they don't see [the Bible] in a more social context," Wood said. "They're blinded by their own whiteness. ... Also, the complexity of it all; that alone makes it difficult for pastors to want to deal with it, because there's no ready answer,

and you can't boil it down to a 25-minute sermon."

Wood said while North United Methodist Church is predominately white, congregants and leadership engage and work with the greater Indianapolis community through volunteer work. Citing the prayers of confession — an acknowledgement of white privilege — as the most impactful part of the June 7 demonstration, Wood said white churches still have a lot of work to do when it comes to community outreach.

Wood said white congregations need to look for common ground — with those of different ethnicities and social class — and try to find mutual self-interest in order to bridge gaps between Indianapolis residents.

For Trippett, a church's role in fighting for social justice has to go beyond Sunday services. Instead, she said sermons must be translated into action.

"We are called not just to go to church and worship, but to actively be his hands, his heart, and his voice to speak up for his children," Trippett said. "We need to stand up for how God wants us to be present in the world and to be our brother's keeper."

Contact staff writer Breanna Cooper at 317-762-7848. Follow her on Twitter @BreannaNCoo-per.

White minister who supported Montgomery bus boycott dies

By KIM CHANDLER
Associated Press

MONTGOMERY, Ala. (AP) — The Rev. Robert Graetz, the only white minister to support the Montgomery bus boycott and who became the target of scorn and bombings for doing so, died Sept. 20. He was 92.

Graetz died of complications of Parkinson's disease at his home in Montgomery surrounded by his wife, family and friends, said Kenneth Mullinax, a friend and family spokesman.

Graetz was the minister of the majority-Black Trinity Lutheran Evangelical Church in Montgomery. Graetz was the only local white clergyman to support the boycott. He and his wife, Jeannie, faced harassment, threats and bombings as a result.

Sparked by the December 1955 arrest of Rosa Parks, the planned one-day boycott of Montgomery City Lines became a 381-day protest of the segregated bus system that ended with a U.S. Supreme Court ruling that segregated public buses were unconstitutional.

The parsonage where the Graetzes lived was twice targeted by bombs, once when they were away and again in 1957, not long after the boycott ended, in a wave of attacks on civil rights leaders and churches. Four Black churches and the home of the Rev. Ralph Abernathy were also bombed that night. The Graetzes were at home with their children at the time, including a nine-day-old baby at the time.

One bomb blew out the windows of the home. A second, a massive pack-



The Associated Press FILE - In this May 28, 1957, file photo, Rev. Ralph D. Abernathy, left, Rev. Robert S. Graetz, center, pastor of Trinity Lutheran Church, and Rev. Dr. Martin Luther King Jr. talk outside the witness room during a bombing trial in Montgomery, Ala. Abernathy's church and home were bombed as well as the home of Graetz, who has an all-Black congregation. A wave of bombings took place after full integration on buses that resulted from the 13-month Montgomery Bus Boycott. Graetz, the only white minister to support the Montgomery bus boycott, died Sunday, Sept. 20, 2020. He was 92. (AP Photo/File)

age of 11 sticks of dynamite wrapped around a small box of TNT, was at the parsonage earlier that night but failed to explode.

In his book, "A White Preacher's Message on Race and Reconciliation," Graetz described how during those years of danger he played a game with his children in which he encouraged them to duck behind the sofa if they were told to hide because of a strange noise outside.

Despite the scorn, violence and

threats he and his wife faced, Graetz wrote they would not change a thing if we were given the opportunity.

"The privilege of standing up for righteousness and justice and love is greater than any other reward we might have received," Graetz wrote.

Montgomery Mayor Steven Reed said Graetz "lived what he preached."

Rev. Robert Graetz and his wife Jeannie stood against hate and put their lives in danger because the cause, of their all Black congregation

and the community itself was just, Reed said.

Tafeni English, the director of the Montgomery-based Southern Poverty Law Center, called Graetz a "remarkable civil rights and social justice leader."

"Rev. Graetz was a kind and gentle soul, who along with his revered wife, Jeannie, dedicated his life to creating Dr. King's vision of the Beloved Community," English said.

SPIRITUAL OUTLOOK

Justice — Just is

By RAE KARIM



Of the 28 occurrences of justice in the King James version (KJV) of the Bible, it's only used six times without association to the word judgment.

Is that what justice had been narrowed down to nowadays — judgment?

If the answer is yes, those who operate from such a standard can't truly be deemed wrong, especially if it's only used six times without the word judgment.

The Hebrew meaning of justice is righteousness; what is right or normal. If we use justice in correlation to the judgment, the two words don't seem to balance the scales. You see we can incorrectly judge, and in turn, incorrectly apply justice. Incorrectly applied justice rules out safety. Neither is right nor normal. See how the rabbit hole gets deeper?

What if we steered clear of the rabbit hole and looked at justice another way? What if we utilize justice from a just is point of view — based on a judgment free zone of right? Before you sigh heavily, Kanye shrug or roll your eyes, hear me out. It's very probable and possible, by way of empathy which is the idea of placing yourself in someone else shoes.

Let's take a look at the Syrophoenician woman (Matthew 15:21-28; Mark 7:24-29). She was a foreign woman who boldly approached Jesus. She didn't consider her lack of cultural agreement with Jesus nor the disciples. She had one objective — her daughter's healing. Nothing else was of her concern. Nothing else including the unnecessary, prideful announced annoyance of the disciples nor the culturally influenced, snide remark of Jesus.

The Syrophoenician woman wasn't making any moves away from the table until she had the assurance that her daughter was healed. You can't blame her, at least not validly. She took a risk leaving her daughter. She took a risk making her uninvited presence known at the table. She took a risk talking to Jesus and reiterating her point when he was noncompliant.

This shows there are times where for the sake of just is we have to be willing to take the risk. As I see it, it's that risk — the selfless reason for the risk, the legacy in the risk, the reward in the risk and the power in the risk — that makes it worth it. More so, it's worth it because she placed herself in her daughter's shoes

The Syrophoenician woman was a mother. She was an aunt. She was a partner. She was a friend and a daughter. She was an advocate for just is.

For her, just is inclusive healing, where even the dogs, the lowest of the low, are able to receive. For her just is taking such courageous action that you are positively unforgettable. Not only is she remembered as a woman of great faith by Jesus, but her actions caused her to be remembered for generation upon generation. For her just is ignoring egos as she gave not one iota of thought to the disciples thinking she was there for them. For her just is being seen until you are heard.

In Matthew's text, Jesus didn't answer her immediately. We don't how long it really took. However, she was like the tree in Psalm 1 that wouldn't be moved and didn't allow her leaf of empathy to wither. She didn't allow her stance to weaken, even though Jesus' actions could've been a deterrent and a determining factor to turn around and go home.

It took one courageous, consistent move.

It takes one move of just is to affect the whole.

Are you willing to take the risk?

Rae Karim, formerly chapel director at Christian Theological Seminary, is now pastor at First Christian Church of Honolulu. She can be reached at pastoraefcc@gmail.com.



ORDER OF SERVICE

Deliverance Temple
Church of God in Christ
God specializes in Salvation and Deliverance!!

In the name of Jesus You can be healed, delivered and set free!
God Loves You and So do we!

Pastor Fred E. Phinisee

Sunday School 10:00 am	8600 Meadowlark Dr. Indianapolis IN, 46226 317-895-9787 Come Join Us!	Bible Study Wed. 7:30 pm Pastor Teaching Friday 7:30 pm
---------------------------	--	--

THE ROCK
MISSIONARY BAPTIST CHURCH
10302 E 38th Street
Indianapolis, IN 46235
(317) 895-1006

EXCITING,
DYNAMIC
WORSHIP

Sunday School 9:15 am
Worship 10:45 am

Bible Study Wed 12 pm
& 7 pm

"Where GOD is love and Lives are Changed"
www.rockindy.com
Like us on Facebook [TheRockMBC](#)
Follow us on Twitter [@TheRockMBC](#)

ZION HOPE
CHURCH

Sundays
Worship Service & Children's Church - 11 AM
Sunday School - 9:30 AM

Wednesdays
Hump Day Hurdle - 9:30 AM
(Call 712-432-1500, use code 787603#)

Bible Study - 12 PM & 7 PM

Invited
Come as you are.

Pastor Tony & Lady Kim McGee
5950 E. 46th Street, Indianapolis, IN 46226
(317) 547-4387 | www.zionhopechurch.org

Temple of Believers
Deliverance Center
5230 E. 38th Street
317-377-1834

Bishop James Humbert
Pastor

Sunday School
10:00 AM

Morning Worship
11:30 AM

Tuesday Bible Study
7:30 PM

Pastor Nello A. Holman and First Lady Kay Holman

Pleasant Union Missionary Baptist Church
1202 Eugene St.
Indpls, Indiana 46208
phone 925-4382
fax 283-5615

Sunday Worship
10:50 am

Sunday School
9:15 am

Monday Morning Prayer
6:00am

Wed. Bible Study
12:00 noon & 7:00pm

Thurs. Family Living
7:00pm

Fri. Victory Over Addictions
7:00pm

First Free Will Baptist Church
"Do You Love Jesus?, We Do"
2433 Barnes Avenue
Indpls, IN 46208 - (317) 923-6667

Pastor Chas A. Sheppard
Lady Edna M. Sheppard

Schedule of Services:

Early Morning	8:00am
Sunday School	10:00am
Morning Worship	11:00am
Sunday Evening Service	6:30pm
Wednesday Bible Study/Prayers	7:00pm/8:00pm
Friday Bible Study	11:00am

St. Luke Missionary Baptist Church
5325 E. 30th Street
543-9505
www.stlukeindy.org

Sunday School 8:30 a.m.
Morning Worship 10:00 a.m.
Mid-Week Service/ Bible Class Wednesday 6:30 p.m.

Rev. Curtis L. Vance, Pastor, and Sis. Charlye Jean Vance

Remember Your Loved Ones Call The Indianapolis Recorder 924.5143

Friendship Missionary Baptist Church
1302 North Goodlet
Indianapolis, Indiana 46222

Pastor, Rev. Ronald Covington Sr.
Sunday Morning Service
Fulfillment Hour (Sunday School)
9:30a-10:30are

Morning Worship 10:45

Wednesdays
Morning Prayer Meeting & Bible Study, 9:30 a.m.

Prayer & Praise on Purpose/Bible Study, 6:30p.m.

LIGHT OF THE WORLD
CHRISTIAN CHURCH
BAPTIST CHURCH OF AMERICA

WORSHIP WITH US

Worship Service 10:00am
Sunday School 9am-10am
Midweek Wednesdays 7am

4646 N. Michigan Road, Indianapolis, IN 46228
317-515-0000

EASTERN STAR CHURCH
100 YEARS OF HIS GLORY

ONE CHURCH THREE LOCATIONS

Fishers Campus 8850 E. 106th St. Fishers, IN	Cooper Road Campus 5805 Cooper Rd. Indpls, IN
---	--

Main Campus
5750 E. 30th St. Indpls, IN

Fishers Campus:9:15 AM
Cooper Road Campus:10:45 AM
Main Campus:12:15 PM

Visit our website or ESC App and click Watch Live.

- Live stream Sunday services at 9:15 AM, 10:45 AM & 12:15 PM
- Sermons on demand anytime
- Sermon Rebroadcasts: Thursdays at 7 PM and Saturdays at 11 AM

To give, click the **GIVE** button on our website. Download via Google Play, Windows Phone, and Apple App Store.

TUNE IN Life-changing broadcasts available via:
WTLC-AM 1310/92.7 FM (Radio) Sermons Tuesday, Wednesday, Thursday at 9:15 AM

APPLE TV, ROKU, AMAZON
Connect for live stream or on demand

Senior Pastor Jeffrey A. Johnson, Sr. & Lady Sharon A. Johnson

JOIN US FOR

ROCK CITY MONDAYS Ages 12-18 Main Campus 5-8 PM Registration required	NOONDAY BIBLE STUDY Main Campus Wednesdays Noon	FAMILY WORD NIGHT Main Campus Wednesdays 7 PM Classes for everyone
--	--	---

ROCK FRESH MARKET HOURS:
Monday - Friday 8 AM - 6 PM
Saturday and Sunday 11 AM - 4 PM

CONTACT US:
Monday-Friday 8:30 AM - 5:30 PM
Office: (317) 591-5050 | easternstarchurch.org

Group of Black women farmers target agricultural disparities

By DAVID CLAREY
The Post and Courier

COLUMBIA, S.C. (AP) — Bonita Clemons arrived at her farm group's plot bearing gifts. Four members were already there, picking weeds out of the rows of squash and other produce or repairing leaky drip lines.

"Good morning ladies," Clemons, the group's founder, greeted them. She opened a bag full of camouflage-patterned net hats, designed to keep recently pesky gnats away, and dispersed them to her compatriots.

"We are an army! We don't kill, we heal!" Clemons proclaimed, inspired by the camouflage. It quickly became the morning refrain.

The last four years have been a learning experience steeped in dirt for Clemons and the rest of the 10-member group FarmaSis, which operates at the Clemson Incubator Farm in Columbia. The all-Black women organization's purpose is to empower women while addressing gender disparities in farming and to promote better health by providing produce and teaching members how to do so.

Clemons and the group have long-term aspirations, too. They hope to take on a trainee-to-trainer model, with each of the 11 going back and train other women in the trade, cultivating an emerging group of local farmers.

"I have three goals: The first goal is to work collectively as Black women to show that we can work together. No. 2, that farming will create health for you," Clemons explained. "The third goal is economic growth, sustainability. Once we learn to grow, we feed ourselves and our family, then we sell to the community."

The members had various previous experiences in gardening — from backyard gardens to container gardens — but since beginning their work under the auspices of Clemson University's farm incubator program they've become part-time farmers. At present, they collectively work at least 40 hours a week at the farm.

It's hard work, they acknowledged, but worth it. "Women as leaders of the household, you start there, we're going to feed our families," said member and lead grower Thomasena Hoefer-Laudmon. "(It's) the same as the whole concept of teaching women how to learn to grow their farm. That is to raise a healthier family."

A self-described introvert, she said the group has helped her become a better, more vocal leader.

The experience has also helped prepare twin sisters Lauretha Whaley and Teresa Wilson to plan for how to handle the family farm they will likely inherit in the future.



"(Joining) was something new as far as being with a group of women on (the) land," Wilson explained. "I saw no negatives in it at all. ... (Being) women we don't have negativity in our group."

It's been a twisting path to get to work at the half-acre plot. For the first 2 1/2 years, FarmaSis' members worked at community farms throughout Richland County and met weekly at each other's homes.

"We have this amazing sisterhood of 11 women. We have plants (we) grow. We literally and theoretically grow together," Clemons said.

Their delayed official start at Clemson's incubator farm stems from a switch in the farm's leadership, program manager Cody Bishop explained. A former manager initiated the program in 2014, when farm incubator programs were trendy and beginning to emerge, but he later left for a new job.

When Bishop stepped into the position in 2017, he

inherited the farm incubator and it took time to rally it back into action. It was a learning curve for Bishop, a row-crop-trained farmer, too, as he adapted to the various types of farms being started.

The program gives prospective farmers access to a half-acre plot for three years, along with various equipment, and is intended to include educational components.

Clemons' effort stands out from the others — a commercially focused produce seller and a flower seller — with its demographic focus and educational aspect, Bishop posited. That's a good thing, given the way home gardening is taking on increased prominence with the ongoing COVID-19 pandemic.

"I think they're in the right direction of taking a lot of stuff that they learn back to their communities where they live in," he said.

THE DARDEN GROUP, LLC

21 YEARS OF COMMERCIAL CONSTRUCTION LEADERSHIP EXPERIENCE
IN BUSINESS: LESS THAN A YEAR
SPECIALTY SERVICES:
• AWARD WINNING CONSTRUCTION ADVICE
• LOGISTICS
• ADVANCED PLANNING IN ALL SECTORS
• MAJORITY PARTICIPATION ROLES FOR SUBCONTRACTORS
• TURNKEY & FINANCED

ARE YOU LOOKING FOR EFFECTIVE TOOLS TO BE A SUCCESSFUL CONTRACTOR OR SUPPORT ON A COMPLEX COMMERCIAL PROJECT? REACH OUT TO THE DARDEN GROUP, LLC TODAY!

CALL 317-365-8804
EMAIL ANDREW@DARDENGROUP.ILL.COM OR VISIT
WWW.DARDENGROUP.ILL.COM

[f](#) [in](#) [v](#) [p](#)

SCR EVENT MANAGEMENT & CONSULTING

10 YEARS OF PROGRAM AND EVENT MANAGEMENT EXPERIENCE
IN BUSINESS: 1 YEAR
SPECIALTY SERVICES:
• EVENT MANAGEMENT (MAJOR TO MINOR DETAILS)
• DEVELOPMENT CONSULTING
• EXPANDING EXPERIENCE (MEMBERSHIP BASED) OR VICE

DO YOU NEED SUPPORT TAKING YOUR PROJECT OR EVENT TO THE NEXT LEVEL? REACH OUT TO SCR EVENT MANAGEMENT & CONSULTING

CALL 317-882-1878 OR
EMAIL SCR@EVENTMANAGEMENT@GMAIL.COM

[in](#)

FOLLOW INDY BLACKBUSINESSMATTER TO MEET A NEW BLACK BUSINESS EVERY WEEK.

INDIANAPOLIS RECORDER
NEWSPAPER

SCR EVENT MANAGEMENT & CONSULTING

10 YEARS OF PROGRAM AND EVENT MANAGEMENT EXPERIENCE
IN BUSINESS: 1 YEAR
SPECIALTY SERVICES:
• EVENT MANAGEMENT (MAJOR TO MINOR DETAILS)
• DEVELOPMENT CONSULTING
• EXPANDING EXPERIENCE (MEMBERSHIP BASED) OR VICE

DO YOU NEED SUPPORT TAKING YOUR PROJECT OR EVENT TO THE NEXT LEVEL? REACH OUT TO SCR EVENT MANAGEMENT & CONSULTING

CALL 317-882-1878 OR
EMAIL SCR@EVENTMANAGEMENT@GMAIL.COM

[in](#)

FOLLOW INDY BLACKBUSINESSMATTER TO MEET A NEW BLACK BUSINESS EVERY WEEK.

INDIANAPOLIS RECORDER
NEWSPAPER

Let's be social

COMMUNITY NEWS

YOU CAN USE

Follow Us!



@indyrecorder

We are in need of
COMMUNITY FOOD BOX DONATIONS

Please help us support the Community Food Box.
Donations are done virtually.
Please send your donation to [PayPal.me/jaelskincare](https://www.indychapter.org/donate/)
or at <https://www.indychapter.org/donate/>.
Put a note that it is for the food box and we will shop for you. You may also drop off any donations at the Indianapolis Recorder Newspaper office.
2901 N. Tacoma Ave. Indianapolis, IN 46218

IBE
Indianapolis Chapter
Indiana Black Expo, Inc.

jael

INDIANAPOLIS RECORDER
NEWSPAPER

RECEIVE A \$3,000 GRANT

Toward down payment and/or closing costs with purchase of a home.*



UNION SAVINGS BANK (317) 908-6410 | CALL TODAY TO GET PREQUALIFIED



*Available in qualified lending areas only. © 2020 Union Savings Bank. All rights reserved.

NOTICE OF ADMINISTRATION	PUBLIC NOTICE AutoReturn will be having an abandoned vehicle auction 09/24/20 at 12:00 PM. The	PUBLIC NOTICE ADVERTISEMENT FOR BIDS The Trustees of the University of Illinois are seeking bids	SUMMONS STATE OF INDIANA COUNTY CLERK ad in more than 140 news-	SUMMONS SUMMONS - SERVICE BY JURISDICTIONAL papers across the state for	ADVERTISERS: You can place a 25-word classified ad in more than 140 newspapers across the state for
---------------------------------	--	--	---	---	---

ADVERTISERS: You can place a 25-word classified ad in more than 140 newspapers across the state for

Oils, Skincare, Vape & more.
Coupon Code: PRINT20 Call
Now 833-226-3105

HEARING AIDS!! Buy one/
get one FREE! High-quality
rechargeable Nano hearing

aids priced 90% less than competitors. Nearly invisible! 45 day money back guarantee! 844-932-3007

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 866-770-6849

HELP WANTED DRIVERS

60 cpm w/ option to make 60 cpm for Class A CDL Flatbed Drivers. Excellent Benefits. Home. Weekends. Call 800-648-9915 or www.boyardandsons.com

NOTICES

DONATE YOUR CAR TO CHARITY! FAST FREE PICK-UP 24 HRS! RESPONSE! Help Children in Need, Support Breast Cancer Education/Prevention or Veterans. Tax Deduction 844-820-9099

DIAGNOSED WITH LUNG CANCER? You may qualify for a substantial cash award. NO Obligation. NO risk! We've recovered millions! Let us help you! Call 24/7, 844-284-4920

REAL ESTATE

Looking to SELL your home? Save time & money, connect with the Top Agents in your area to close FASTER! Call 317-854-9781

SERVICES

Wesley Financial Group, LLC - Timeshare Cancellation Experts - Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free information package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 877-329-1207

Moving out of state in the next 30-60 days? Don't get taken

for a ride! Moving APT offers a PRICE MATCH GUARANTEE and RISK FREE RESERVATIONS. Carriers are all

licensed and bonded. Free
quote! Call 1-844-875-1997

COMPUTER ISSUES?
GEEKS ON SITE provides
FREE diagnostic & \$150.00
247 SERVICE DURING
COVID19. No home visit
necessary. \$40 Off with
coupon #6407! Restrictions
apply. 888-715-8176

Need Help with Family Law?
Can't Afford a \$5,000 Retain-
er? www.familycourtdirect.
com/FamilyLaw - Low Cost
Legal Services - Pay As You
Go - As low as \$750-\$1,500
- Get Legal Help Now!
1-888-417-4602 Non-Fri-
am to 4 pm PST

Denied Social Security Dis-
ability? Appeal! If you're 50+,
filed for SSD and denied, our
attorneys can help get you
approved! No money out
of pockets! Call 1-855-995-
4758

SERIOUSLY INJURED in an
AUTO ACCIDENT? Let us
fight for you! Our network
has recovered millions for
clients! Call today for a FREE
consultation! 844-517-6414

REAL ESTATE

Hud Housing

Available
Studio's &
1 Bedrooms
3475 Boulevard
Place
317-925-0555
or
317-925-0069
TTY

ping containers for sale at excellent rates at our main container depot in Indianapolis, IN. Essentially contain-

ers are reusable steel boxes used for the storage or shipping of goods in bulk, however, they can be modified to portable office, home and hotel. Shipping Containers

Shipping Containers make the perfect onsite storage solution when you need that extra space. Get a free no obligation quote today!

no-obligation quote today!

College basketball bubbles brewing with season on horizon

By MICHAEL MAROT
AP Sports Writer

INDIANAPOLIS (AP) — With the coronavirus pandemic already forcing changes for college basketball, a bubble may be brewing in Indianapolis.

Indiana Sports Corp. released a 16-page proposal Sept. 18 that calls for turning the city convention center's exhibition halls and meeting rooms into basketball courts and locker rooms. There would be expansive safety measures and daily COVID-19 testing.

The all-inclusive price starts at \$90,000 per team and would cover 20 hotel rooms per traveling party, testing, daily food vouchers ranging from \$30-\$50 and the cost of game officials. Sports Corp. President Ryan Vaughn said the price depends on what offerings teams or leagues choose.

"The interest has been high," Vaughn said. "I think as conferences figure out what conference and non-conference schedules are going to look like, we're a very good option for folks. I would tell you we've had conversations with the power six conferences, mid-majors, it's really kind of all over the Division I

spectrum."

Small wonder: The NCAA announced teams could start ramping up workouts Sept. 21, with preseason practices set to begin Oct. 14. Season openers, however, were pushed back to Nov. 25 amid wide-ranging uncertainty about campus safety and team travel in the pandemic.

There is already scrambling going on and some of the marquee early-season tournaments have already been impacted.

The Maui Invitational will be moved from Hawaii to Asheville, North Carolina, with dates still to be determined and organizers clear that everyone involved "will be in a bubble environment that limits their movement and interaction outside the venue." The Battle 4 Atlantis has been canceled. The Cancun Challenge will be held in Melbourne, Florida, not Mexico.

More changes almost certainly will be coming, including what to do with the ACC-Big Ten Challenge.

"I think we're past the guesswork on whether we play 20 conference games or more than that," Purdue coach Matt Painter said. "We're trying to get everybody set like in terms of MTEs (multi-team

events), figuring out when to play the ACC-Big Ten challenge."

Painter, who was part of the NCAA committee that recommended how to start the season, noted part of the uncertainty stems from differing protocols imposed by campus, city and state officials.

In Indianapolis, Vaughn believes the convention center, nearby hotels, restaurants and downtown businesses, many within walking distance of the venue, could safely accommodate up to 24 teams. The 745,000-square-foot facility would feature six basketball courts and two competition courts.

Anyone entering the convention center would undergo saliva-based rapid response testing, which would be sent to a third-party lab for results. Others venues could be added, too, potentially with more fans, if the case numbers decline.

If there is a taker, the event also could serve as a dry run for the 2021 Final Four, also slated for Indy.

"It's not going to hurt," Vaughn said. "I can tell you all the planning we're doing right now is the same for a Final Four that's been scheduled here for any other year. But it would be nice to have this experience under our belt to see if it can be done."

Gale Sayers, Bears Hall of Fame running back, dies at 77



FILE - A 1970 file photo of Chicago Bears football player Gale Sayers. Hall of Famer Sayers, who made his mark as one of the NFL's best all-purpose running backs and was later celebrated for his enduring friendship with a Chicago Bears teammate with cancer, has died. He was 77. Nicknamed "The Kansas Comet" and considered among the best open-field runners the game has ever seen, Sayers died Wednesday, Sept. 23, 2020, according to the Pro Football Hall of Fame. (AP Photo/File)



Colts pick up first win

Colts players locked arms during the national anthem before their 28-11 win over the Vikings on Sept. 20. Head coach Frank Reich was the only one to take a knee. (Photos/David Dixon)



Rookie running back Jonathan Taylor celebrates his first NFL touchdown. Taylor became the Colts' starting running back after Marlon Mack tore his Achilles in Week 1 against the Jaguars.

Indy Eleven drops to Louisville City FC



Indy Eleven players and the Louisville City FC team all came together in the center of the field at the 8:46 of the game to pay their respect to George Floyd and show unity during their match Sept. 16 at Lucas Oil Stadium. Louisville won, 2-0. (Photo/Jeffrey Brown)

Showdown on the gridiron



Belzer Middle School defeated Center Grove Middle School Central, 22-6, on Sept. 17. (Photo/Walt Thomas)

BLUE TICKET TO HEALTH

We want you to
Get your checkup
for a chance
to WIN prizes!

Schedule your wellness
checkup today! When
your checkup is
complete, you'll be
entered for a chance
to win one of over
500 prizes!



Visit www.anthem.com/blueticket

Anthem 

Serving Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect

Call for free translation/Llame para una traducción sin costo: 1-866-408-6131 (Hoosier Healthwise, Healthy Indiana Plan); 1-844-284-1797 (Hoosier Care Connect); TTY 711.

Anthem Blue Cross and Blue Shield is the trade name of Anthem Insurance Companies, Inc., independent licensee of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

IN-BTTH AD-P-0817E CMAP HIN-C-0020-17



FOR THE FUTURE

GET READY TO VOTE IN 2020

LEARN MORE AT COLTS.COM/VOTE

